

**Donations Most Needed
For Our Communities in the Dominican Republic
In Order of Priority**

I. School Supplies:

- Backpacks (that can endure rain, mud, and hard knocks)
- Notebooks (composition or spiral)
- Pens & pencils
- Rulers
- Erasers
- Pencil sharpeners
- Construction paper
- Scissors
- Glue sticks
- Paints (water color and acrylic)
- Colored pencils and chalks
- Solar flashlights & lamps (for home safety & study when electrical system is out; you can potentially prevent a home fire with this donation)
- Books in Spanish (not English)

II. **Water bottles:** quart or liter size is best, though smaller is OK.

III. **Clothing,** especially for cold and rainy weather:

- Rain jackets
- Rain pants
- Boots, cleats, or sturdy sneakers
- Sweaters
- Hats, scarves, gloves
- You may wonder: isn't this the tropics? Yes, but in the mountains, it gets in the 40s during winter, and homes are neither heated nor insulated.

IV. **Sports equipment** for these sports:

- Baseball (balls, gloves, bats)
- Soccer (if balls, please deflate and send pump & needle)
- Basketball (if balls, please deflate and send pump & needle)
- Volleyball (balls)
- Frisbees
- Items in new or good condition only
- No used or discarded sports jerseys

Dear Participants and Families of EAB Immersion Program:

As many of you know, EAB supports community health workers in two Dominican communities with little access to other forms of health care. As part of that support, we provide medical supplies for clinics located in those communities.

We are constantly evaluating and refining how we can best support these clinics and the dedicated workers who run them. For many years, we have purchased specific and essential medicines and medical supplies requested by the community leaders. This enables us to establish quality control, consistency in the inventory of medications, and better outcomes for patients.

In the past, we have accepted a wide variety of donations of medications and supplies from the families of our student participants, and these donations have been extremely helpful. However, now that we are restructuring our health program to be more comprehensive and culturally appropriate, we would like to only supply medications and supplies familiar to our community health workers. This will help avoid confusion when trying to determine the use of medications with different trade names and doses than the stock items we provide.

Therefore, we ask you not to donate any medications or medical supplies that are not on the list below. If you wish, you can also support the patients in these communities by donating any funds you would normally spend on such supplies to our "Healthcare Support Fund". (Gifts can be made online via EAB's website, or by check, notating in either case "Healthcare Support Fund"). These donations will be earmarked solely for the purchase of the medicines and medical supplies most needed by our communities.

Thank you for your understanding in this situation. As always, we appreciate your support and welcome any questions or suggestions as we continue to develop our healthcare program.

Sincerely,

Joe Sherman, MD
EAB Board Member
Health Director

Medicines & Supplies Needed:

These must be new, unopened, and not expire before December 2019.

Vitamin C

Vitamin E

Vitamin A

Vitamin B Complex

Cough Drops

Omega 3 Fish Oil

Thermometers (Tympanic digital)

Hand Sanitizer

Tums tablets (or generic)

Cold Packs

Bathroom scale

Eye drops (artificial tears and allergy)

Ibuprofen:

- 200 mg tablets (for age 12+)
- children's liquid and/or tablets

Acetaminophen:

- 500 mg tablets (for age 12+)
- children's liquid and/or tablets